

To ensure a smooth recovery following your laser vision correction procedure, it is important to follow carefully the post-operative instructions and medication directions outlined below. Post-operative appointments are very important to monitor the healing of your eyes.

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## DO NOT RUB YOUR EYES!

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After surgery, it is normal to experience tearing, a burning sensation or difficulty keeping your eyes open for up to six (6) hours. Apply eye drops as directed, and rest with your eyes closed for at least one hour.

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Avoid watching television, reading, using computers, tablets or cell phones for a minimum of 48 hours after surgery to avoid eye strain.

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If you experience worsening pain, or a significant decrease in vision, contact Talley Eye Care IMMEDIATELY!  
**Phone: 812-424-2020**

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Wear sunglasses to bed to prevent eye rubbing the night after surgery. It is important that sunglasses for a minimum of two (2) days following surgery. Sunglasses should be worn even on overcast or cloudy days. *Do not drive at night with sunglasses on.* Upon waking, the area surrounding the eyes should be cleaned. **DO NOT RUB.** Use a soft damp facecloth or sponge in a gentle downward motion.

### Notes:

- Discomfort after LASIK surgery varies from patient to patient. Immediately after surgery, many patients describe a mild “foreign body” sensation, as if swimming in chlorinated water with eyes open. Others may feel as if they are wearing dirty contact lenses. Any discomfort usually subsides after the first day.
- After surgery, it is normal for red areas to appear on the white of the eye. Discoloration should disappear two (2) to four (4) weeks after surgery.